## **Calming Comfort Massage Therapy Policies**

## Cancellations:

Please allow at least **24-hour notice** for cancellation to avoid being charged a cancellation fee of \$35. If your therapist is able to re-book the appointment time with another client, the cancellation fee will be waived. No-shows will be charged \$35 for the first missed session and the full session rate for any further no-show appointments after that. Please note, any unforeseen and/or extenuating circumstances will be graciously considered and fees may be waived.

## Late Arrivals:

Appointments are carefully planned to accommodate each client. In the spirit of mutual respect, it is requested you arrive on time in order to experience the benefit of the full treatment. Should you arrive late, your session will conclude at the originally scheduled time or at the discretion of your massage therapist, while your appointment fee will remain unchanged.

## Sickness policy:

Please contact your therapist if you have or suspect any of the following conditions:

1. If you think you are sick or have symptoms, (nausea, vomiting, diarrhea, fever, coughing, chills, aches, etc.) 24 hours before your session, please reschedule.

A cold can be spread by sneezing, coughing or talking and can remain contagious for up to 5-7 days after symptoms begin.

- 2. If you have a runny nose, scratchy throat, and/or sneezing, and are not certain it's seasonal allergies, please consider rescheduling. Being on the table face down can increase congestion, put pressure on the sinuses and be really uncomfortable.
- 3. If you are not 100% certain that you are not sick, please consider rescheduling.

I have read and acknowledge my agreement with the above-mentioned policie provided by Calming Comfort Massage Therapy.	
Sianature:	Date:

Thank you so much for your understanding and consideration, it is deeply appreciated!